



OCEANFOOD SALES LTD.

Voyageur Loligo Squid Rings & Tentacles

Oceanfood Sales Item Y887

5/8" 4 x 2.5 lb

- * Rings and tentacles are pre-cut and ready to use
- * Well recognized squid type
- * Mild taste and tender texture
- * Marketed as calamari, squid is a low cost / high margin product

- * Source: China
- * Packed in: China
- * Storage: up to 24 months from production date, frozen at -18C or lower
- * Refrigerate after opening. Use within 3 days after thawing.



APPLICATIONS / MENU IDEAS

- *Versatile seafood, served in cuisines around the world

- *Add to cioppinos or any seafood stew
- *Perfect for seafood pastas or salads
- *Great sautéed in an infused olive oil and served with chopped tomatoes and capers
- *Delicious in wok fried recipes



OCEANFOOD SALES LTD.

1909 East Hastings Street Vancouver BC V5L 1T5
Tel 604.255.1414 | Fax 604.255.1787 | Toll Free 1.877.255.1414

www.oceanfoods.com | sales@oceanfoods.com

British Columbia | Alberta | Ontario | Quebec





OCEANFOOD SALES LTD.

Voyageur 5/8" Loligo Squid R&T 4/2.5 lb

Oceanfood Sales Item - Y887

Product Specifications

Code	SCC	UPC	Units/Case	Unit Size/Measure
Y887	10058626258876	058626258879	4	1.134 kg

Brand	IFDA Class	IFDA Category	Division
Voyageur	Seafood	Frozen	Foodservice

Average Servings per Case	Country of Origin	Kosher	GST/HST
40	China	Not Kosher	No

Shipping Information

Case Length	Case Width	Case Height	Case Gross Weight
35.5 cm	25 cm	12.5 cm	5 kg

TI x HI	Shelf Life	Storage Temp From/To
14 x 11	730 days	-18°C or lower

Preparation & Handling Suggestions

Try sauteing squid in an infused olive oil and serve with chopped tomatoes and capers, or baking stuffed tubes. Squid can also be added to cioppinos or any seafood stew

Benefits

Rings and tentacles are pre-cut and ready to use. Marketed as Calamari, squid is a very low cost, high profit menu item.

Ingredients

squid

For More Information

Contact Oceanfood Sales Ltd. Tel: 604-255-1414 Toll Free 1-877-255-1414

Nutrition Facts / Valeur Nutritive

Serving Size / Portion: 113 grams
 Calculation Size / Portion Determinee : 113 grams

	Amount Per Serving / Teneur per Portion	% Daily Value* / % Valeur Quotidienne**
Calories/Calories	110	
Protein	17 g	
Carbohydrates	3 g	1%
Total Dietary fibre	0 g	0%
Total Sugar	0 g	0%
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Transfatty Acids	0 g	
Cholesterol	260 mg	86%
Vitamin A		0%
Vitamin C		0%
Calcium		4%
Iron		4%
Sodium	350 mg	2%

**Pourcentage la valeur quotidienne sont basés sur un régime de 2.000 calories. Vos valeurs quotidiennes peuvent être plus ou moins en fonction de vos besoins en calories.

	Calories	2,000	2,500
Lipides	moins de	75g	80g
Saturee + trans	moins de	20g	25g
Cholestérol	moins de	300mg	300mg
Sodium	moins de	2,300mg	2,400mg
Potassium		4,800mg	4,800mg
Glucides		275g	344g

Calories per gram

Lipides 9	Glucides 4	Proteines 4
-----------	------------	-------------

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	less than	75g	80g
Sat. Fat	less than	20g	25g
Cholesterol	less than	300mg	300mg
Sodium	less than	2,300mg	2,400mg
Potassium		4,800mg	4,800mg
Total Carbohydrate		275g	344g

Calories per gram

Fat 9	Carbohydrate 4	Protein 4
-------	----------------	-----------